



## Specialty Therapy Programs

### 1. Wound Care Team

*Physical therapists are part of our multidisciplinary skilled wound care team.*

- Team assesses newest products/techniques in wound care.
- \*Physical therapists can do “simple” wound cares in home to avoid an RN needing to make a visit, or therapist may be the primary provider for a wound care patient.

### 2. Incontinence Management

*Occupational therapists specially trained in managing urinary and stool incontinence.*

- Program starts with dietary changes/timed voiding.
- Patient must have good family support (to record voiding/incontinent episodes, etc.).
- Patient must be mentally alert/oriented.

### 3. Lymphedema Treatment

*Cedar Home Health’s certified lymphedema therapists use a specialized program of massage and wraps to decrease and maintain chronic fluid retention, known as lymphedema. The patients are eventually able to wear compression garments.*

### 4. Speech Therapy

*Speech pathologists can admit patients to the agency and independently manage a patient’s unique case.*

- Mostly swallowing or cognitive problems
- Cannot do swallow studies in home
- Can help patients in the early stages of dementia with tools and tips to remain organized

### 5. Physical Therapy

*Physical therapists can admit patients to the agency and independently manage a patient’s unique case.*

- Help patient with balance, weakness problems and gait training to regain their former level of function.
- Help the patient determine the appropriate equipment to have in home.
- Perform home safety assessment to ensure safe function in home.
- Use exercise to assist patient’s recovery from specific medical conditions (i.e.: total joint replacement, CVA, etc.).

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## **6. Occupational Therapy**

*Occupational therapists cannot admit Medicare patients, but can remain in the home and case manage after the other disciplines have discharged.*

- Assist with improving ADLs and addresses home safety
- \*Can help those with “low vision” (such as macular degeneration or diabetic retinopathy) to help make home safer and help them adapt
- Assists the patient in regaining strength in the upper extremities and resuming prior level of function
- Perform cognitive screening to determine ability (i.e., learn new tasks, live independently)

\* CANNOT have patient on home care services and attending outpatient therapy at the same time

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